



Sea View's—A Peek

At Our Week

Week of: September 9—13

Events

Wednesday, September 11th—Meet the teacher event in the library at 5pm— This is a chance for parents to connect with staff and put faces to names.

Friday, September 13th—Terry Fox Run—Our students will be doing the terry fox run after our recess. We ask that students bring a toonie for Terry.

Forms have been sent home for each student. We ask that these are returned as soon as possible to ensure we have the most up to date information.

Information Centre

- ⇒ Students should not be riding bikes on school property. Please walk bikes on school grounds.
- ⇒ Hot lunch is not starting yet. Please make sure to supply your child with all of the food they need for the day. Please stay tuned for updates.
- ⇒ Reminder that our school is a scent free facility. Please help us keep the air we share healthy and scent-free.
- ⇒ Reminder that students are not to arrive earlier than 8:25am. We do not have anyone on supervision until this time.
- ⇒ Students are to make their after school plans in the morning before school.

If you child will be missing school for any reason please call the school at 250-284-3315 or email sves@sd85.bc.ca



**Without phone
distractions,
school makes
more sense.**

gov.bc.ca/PhonesAndSchools



Upcoming events

- Sept. 17th—First PAC meeting. 5pm in the school library
- Sept. 20th—Kindergarten first full day
- Sept. 27th—Orange shirt day
- Sept. 30th—National day for Truth and Reconciliation

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Sea View School Counselling Services – September 2024

Dear Families,

Happy September & Welcome Back! And Welcome to the kids and families who are new to our school this year. I hope that you have all had a restful summer. I know that our Sea View Team is very much looking forward to the year ahead, helping our kids learn and discover new things.

This year, our school counsellor Mrs. Hagen will be at Sea View School on Wednesdays. Before counselling services can begin (whether for the first time, or for continuing counselling services), written consent from parents or guardians is required. School counselling referral forms are available at the office; please contact the school if you would like a school counselling form, or if you would like to talk with the school counsellor.

The purpose of School Counselling is to support children to have a successful, safe, and happy school year. Examples of support include:

- helping develop healthy skills to manage emotions, self-regulation, and social interactions
- helping cope with feelings of loss or grief
- helping build strategies to manage stress and deal with anxiety in daily lives

The elementary school counsellor works with a child-centred approach and collaborates with home and school support teams to help children achieve success and build resilience. Each counselling situation is unique but the goal is for referred students to have 4-8 weekly scheduled visits. In some circumstances, it may be helpful for children to build skills in a small group or access extra services outside of the school. This is something that the counsellor would discuss with you on an individual basis.

At times, the school counsellor works with classroom teachers to teach or co-teach different aspects of their classroom content, including self-regulation, personal and online safety, and other SEL (Social-Emotional Learning) topics. As this is an educational part of the regular curriculum, a counselling permission form is not required for class visits.

The counsellor also works with the school-based team (including the principal, learning assistance teachers, child & youth care workers, and classroom teachers) to provide support and resources when needed, and to ensure the safety and well-being of our students.

Counselling is based on trust and safety. The school counsellor will keep the child's conversations confidential, with some possible exceptions. Counsellors may share info with parents, teachers, or others who work with the child, with the child's knowledge and permission, so that we may better help the child as a team. The counsellor always encourages the child to share personal concerns with a safe and trusted adult in their life.

School counsellors are required by law to share information with others when:

- The child presents information about hurting themselves or others
- There is evidence or disclosure of abuse (physical, emotional, or sexual) or neglect
- If counselling records are court-ordered

Feel free to contact me if you have any questions regarding school counselling.

Kind regards,

Angela Hagen

District Elementary School Counsellor (South Zone)

ahagen@sd85.bc.ca (250) 230-1711

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