



## SEA VIEW UPDATE

LOOKING FORWARD  
TO THE WEEK OF  
OCTOBER 18 – 22

# HEADS UP!



**Wednesday, October 20th**—Pajama Day—Students are invited to wear pajamas to school. Please make sure that your child is still able to play outside.

**Thursday, October 21st**—Great Shake Out—Our staff and students will be practicing their Earthquake safety. This is a district wide event. For more information regarding our earthquake procedure please see the back.

**Friday, October 22nd**—Provincial Pro-D—There will be no school today. Enjoy your long weekend.

## Love where you live and learn

On Friday's different groups are able to get out of the classroom and do different activities. This group played with our Keva blocks.



# Earthquake Preparedness

Here is our school Earthquake Procedure:

1. Assume "CRASH" position: **drop** on knees, **tuck** head down, **cover** your head with your hands or with a book.
3. **Take cover under the desks** and tables (if possible).
4. **Face away from windows**.
5. **Count aloud to 60 when the shaking has stopped**. This is to allow for aftershocks to happen. Also counting aloud is calming.
6. **Evacuate the building in single file** (only when instructed by teacher or other staff).
7. **Keep calm and move to the designated area** (playing field - same as fire drill).
8. **Teachers will count students** and compare with the day's attendance.
9. Teachers will send a runner to the adult wearing the Hi-Vis vest (principal, or secretary with the attendance count and the name(s) of any missing students.
10. **Do not go home without permission**.
11. **Return to the classroom when the all-clear signal has sounded**.
12. When the class returns to the classroom, **talk** about earthquakes and the drill.

It is a good idea to create a plan for your family at home and make sure everyone knows what to do if an Earthquake happens while you're at home.

Some tips for an emergency preparedness kit:

Keep flashlights in each room and check batteries regularly

Whistle

A household first aid kit

Power packs for phone

A supply of water for three days

A few weeks worth of tinned/dry food

Can opener

Blankets

Copies of important personal documents (passport etc.)

Swiss Army knife/ simple tool set